

PSHE and RSE at Wallop Primary School

Intent

At Wallop Primary School, our intent is to provide a high-quality PSHE and Relationships and Sex Education (RSE) curriculum that equips every child with the knowledge, skills, and values they need to lead confident, healthy, safe, and independent lives.

We aim to prepare our pupils to become responsible, respectful, and active citizens who understand how to form positive relationships, manage their emotions, and make informed decisions about their health and wellbeing, both now and in the future.

Our curriculum is designed to:

- Promote pupils' spiritual, moral, social, and cultural development.
- Support the development of resilience, self-esteem, and emotional wellbeing.
- Help children understand the world around them, including British Values, equality, diversity, and inclusion.
- Ensure children are prepared for the opportunities, responsibilities, and experiences of life in modern Britain.
- Deliver statutory Relationships and Sex Education (RSE) in a sensitive, age-appropriate, and inclusive manner, in partnership with parents and carers.

We are committed to delivering inclusive and age-appropriate lessons that reflect our pupils' needs, developmental stages, and the wider community.

Implementation

Our PSHE and RSE curriculum is taught consistently across the school, with age-appropriate content and pedagogy adapted to each phase of learning.

EYFS Implementation

In the Early Years Foundation Stage, the foundations of PSHE and RSE are embedded through the Personal, Social and Emotional Development (PSED) area of learning. Children develop their understanding of:

- Healthy relationships and friendships.
- Recognising and managing feelings.
- Understanding boundaries, consent, and personal space in an age-appropriate way.
- Independence, self-care, and safety.

Children learn through:

- Daily interactions, adult modelling, and strong positive relationships.
- Circle time discussions, story-based activities, and role play.
- Continuous provision that promotes cooperation, emotional expression, and confidence.



- High-quality texts that represent diverse families, identities, and emotions.

Key Stage 1 and 2 Implementation

From Year 1 to Year 6, PSHE and RSE are delivered through:

- Weekly discrete lessons that follow a progressive and sequenced curriculum.
- High-quality, age-appropriate resources that build on prior learning and respond to pupils' real-life contexts.
- Explicit teaching of Relationships and Sex Education (RSE) topics, including:
 - Healthy friendships and families.
 - Respecting personal boundaries and consent.
 - Understanding the human life cycle and puberty (in upper KS2).
 - Recognising and reporting inappropriate or unsafe behaviour.
- Themed weeks and assemblies, such as Anti-Bullying Week, Mental Health Awareness Week, and Online Safety Day.
- Cross-curricular links with science (e.g. puberty), computing (e.g. online safety), RE (e.g. respect and values), and PE (e.g. healthy lifestyles).
- A whole-school behaviour and emotional regulation approach, including strategies like 'Ready, Respectful, Safe' and restorative practice.
- An inclusive and differentiated approach, ensuring all children, including those with SEND or additional needs, can access and engage with PSHE and RSE.
- Parental engagement through information sessions, policy sharing, and opt-out guidance (for non-statutory sex education elements in Year 6).
- Pupil voice activities that allow children to express views, evaluate provision, and help shape the curriculum.

Impact

By the time children leave Wallop Primary School, they will:

- Have developed a strong sense of self-worth, resilience, and the confidence to make safe and informed choices.
- Be able to form and maintain healthy relationships, showing empathy, respect, and understanding.
- Understand how to recognise and report risks, including online, and know where and how to seek help.
- Demonstrate awareness of their physical and emotional development, including changes during puberty.
- Show respect for others and appreciate the similarities and differences in people's backgrounds, cultures, and beliefs.
- Understand their rights and responsibilities as members of the school, local, and global communities.
- Be well-prepared for the next stage of education and for life in modern Britain, with a strong foundation in emotional intelligence, safety, and social responsibility.

At Wallop Primary School, the impact of our PSHE curriculum will be evidenced through:

School Internal Monitoring:



- Learning walks and lesson observations
- Book looks
- Planning scrutinies

Pupil Voice

- Pupil conferencing
- Pupil surveys