



Safeguarding Curriculum and Progression of Knowledge and Skills

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Anti bullying	<p>Year R will know who the safe adults in their lives are. Know that you need to stay with/listen to a safe adult. Understand why adults wear ID badges. Identify safe people in the community .</p>	<p>Year 1 will learn about what makes a good friend. Understanding how to say 'no' and 'stop'. Knowing who to talk to and how to ask for help. Watching out for others. Teaching opportunities include: Anti bullying week, circle time, playtime</p>	<p>Year 2 will explore and discuss the effects of bullying on everyone involved. They will discuss strategies and clear steps to take if they find themselves or someone else is being bullied.</p>	<p>Year 3 will discuss the effects of bullying and what steps to take if you find yourself or someone else is being bullied both in school and out of school.</p>	<p>Year 4 will continue the theme established in earlier years, discussing the effects of bullying and what steps to take if you find yourself or someone else is being bullied. They will apply this to different situations to re-enforce their understanding.</p>	<p>Year 5 will be exposed to a continuing dialogue about bullying; how to recognise it; how to prevent it; what to do if it happens to them or their friends.</p>	<p>Year 6 will link bullying in more with cyber bullying and what this can look like on different platforms.</p>
	<p>Anti-bullying week Assemblies Circle Time PSRHE Curriculum Links</p>						



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E-Safety	<p>Year R will learn about using equipment responsibly. "Having a go" within safe boundaries. Understand how to use technology safely.</p>	<p>Year 1 will learn about SMART rules. Logging on to the computer and keeping my information secure. Understanding why we use safe searches. What to do if I am worried or unhappy about what I see online. Teaching opportunities include: e-safety week, circle time, access to PCs and laptops with support from an adult</p>	<p>Year 2 will learn how to use technology safely. This will involve: keeping personal information private, identifying where to go for help when they have concerns and safe use of search engines.</p>	<p>Year 3 will learn about the advantages and disadvantages of the internet, including social media and the responsibility we have to represent ourselves truthfully and carefully online. Recognise when I need to be careful about things I share online. Know I should ask peoples permission before I share things online.</p>	<p>Year 4 will learn how to keep safe when using the internet including playing online games. How to keep personal information safe. Describe how others can find out information about me online. Understand how information online can be created, copied and shared by others.</p>	<p>Year 5 will learn how to keep safe when using the internet including playing online games. Explain how to block users when needed. Understand how to report bullying online. Search for information on an individual and create a summary report about what they find.</p>	<p>Year 6 will learn about the potential consequences of live streaming online. Understand their responsibility for keeping others as well as themselves safe online. Explore how to build a positive online reputation. Understand a range of ways to report concerns online both in school and at home.</p>
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	<p>E-Safety week Circle Time Computing Curriculum Links PSRHE Curriculum Links Letters to parents with latest advice / news regarding games etc Computing rules / agreement Assemblies</p>
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Keeping Safe

In Year R children will know who are the safe adults in their lives. Know that you need to stay with/listen to a safe adult. Understand why adults wear ID badges. Identify safe people in the community. Understand how to get help.

In Year 1 children will learn about their role in keeping themselves safe. The difference between secrets and surprises. Staying safe in the world outside home and school. Identifying 'safer' adults and 'strangers'. Bonfire night and the Firework Code. Understand how to get help.

In Year 2, when children are taken on trips we will talk about strategies to ensure they stay safe at all times, and what to do if separated from a group. We will also remind the children of Stranger Danger and what to do if a stranger approaches them. Children's rights. Explaining the way children can be hurt. Understand which grownups to talk to. Understand how to get help.

In Year 3, when children are taken on trips we will talk about strategies to ensure we stay safe at all times, and what to do if separated from a group. Understand how to get help.

In Year 4, children will be taken on several trips. We will talk about strategies to ensure we stay safe at all times, and what to do if separated from a group. We will also discuss respecting and protecting the environment. Understand how to get help.

In Year 5 children will be undertaking trips throughout the year and we will be explicitly asking the children what they will need to do to stay safe. We will discuss strategies to stay safe when out in the community beyond the school grounds. Learn about different types of abuse. Understand how to get help.

In Year 6 children will learn more about children's rights and responsibilities. Learn about different types of abuse in more detail. Understand how to get help.



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<p>Class rules Circle time Team work activities Listening to visitors PSRHE Curriculum Links Emergency evacuation practices – fire drill Firework safety – bonfire night Sun safety Hazards in DT KS2 Playground buddies for KS1 and EYFS Adverse weather / water safety - assemblies</p>



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Health and Well-being

In Year R children will learn what makes us healthy, e.g. food, exercise, hygiene and making healthy choices. Participate in Have the confidence to express needs, e.g. hunger, thirst. Learn how to express emotions appropriately - Developing confidence and self esteem. Learn vocab related to emotions. Include others in their play.

In Year 1 children will learn about what they need to be healthy and fit. How to maintain good personal hygiene (e.g. washing my hands). Making choices and understanding that choices have consequences. Names for parts of my body, differences between boys and girls and personal privacy.

In Year 2 children will learn what a healthy meal choice is compared to an unhealthy choice. They will begin to explore the main food groups and why it is important to have a balance of each. Children will also explore and identify all of the things needed in order for a human to survive e.g. water, sleep, exercise & cleanliness. Children will learn to reflect on and celebrate their achievements, identify their strengths, areas for improvement and set high

In Year 3 children will learn about what makes us healthy, including what makes up a balanced diet and why exercise is needed. We will also be understanding other people's health needs, e.g. allergies, medicines etc. We will teach this through the topic

In Year 4 children will learn to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet. They will also learn that bacteria and viruses can affect health and that following simple routines can reduce their spread. Children will learn to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals .

In Year 5 children will learn to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals. They are encouraged to maintain a healthy lifestyle through a balanced diet and regular exercise. Taking the lead in our Harvest Festival allows them to understand how lucky we are to have plentiful food and water and how important it is to make the right choices.

In Year 6 children will learn about articulating their feelings and worries more and understand how to identify when they may be sad, anxious or worried. Understand the effects of physical fitness on their bodies. Understand the importance of a well balanced diet, linked to exercise in order to stay healthy.

			aspirations and goals.				
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	<p> Positive Behaviour Policy Children’s mental health week Circle Time PSRHE lessons PE sessions Assemblies – celebrating success Healthy eating week Harvest Festival – Reflection Science curriculum links Cooking sessions Snack table Emotional well-being club (KS2) Pupil voice – school council Mindfulness sessions in class Year 6 and Year R buddies </p>						



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Relationships (SRS – Year 5 and 6)	In Year R children will learn about not going into the toilets together. Appropriate displays of affection. Understanding what parts of our body are private. Learn language to be able to express themselves about their bodies and feelings.	In Year 1 children will learn about good and not-so good feelings and developing the vocabulary to describe my feelings. Awareness of others' feelings and how my actions can affect others. My special people and the people who look after me.	In Year 2 children will learn how to share/talk about their feelings. They will also explore how to identify when they feel cared for and when they love or care for someone else.	In Year 3 children will learn how to build relationships, expressing emotions and developing self esteem and confidence.	In year 4, children learn about how to maintain and develop a variety of healthy relationships as well as manage positive and negative emotions. They will also learn how to respond to risky or negative relationships and how to ask for help	In Year 5 we will discuss with the children the changes that happen to their bodies in puberty. They will be explaining why these changes happen and encouraging the understanding that it is completely normal and something all children experience.	In Year 6 children will learn the importance of self-respect. Understand we will be treated differently by different people and in turn they will treat others differently, yet doing this respectfully is so important. Understand what stereotypes are and how they can be unfair, negative and destructive.
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Circle Time
 Changing for PE
 PSRHE Curriculum Links
 Anti-bullying week
 Playtime
 Praise and celebrating achievements
 Science Curriculum Links (KS2)



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Road / Rail Safety	In Year R children will learn to stop look and listen. Wait for the green man/traffic lights. Walk with an adult/holding hands. Recognise simple road safety signs.	In Year 1 children will learn basic road safety rules including staying with our adults; holding hands; stop, look and listen; finding safer places to cross; zebra crossings, red/green man etc. Taking opportunities to practise good road safety. Being bright,	In Year 2 children will learn stop look and listen. Wait for the green man/traffic lights. Walk in pairs holding hands. Recognise simple road safety signs. Look for safe places to cross the road.	In Year 3 children will learn about road safety issues focusing on our local area. Link this in with railway safety (due to the train line and station in the village).	In Year 4 children will re-examine road safety issues focussing on keeping safe on the road including looking further afield, not just the local area.	In Year 5 children will be reminded of this key safety learning each time we are on visits where road safety will be required. Learn more about road safety in other areas such as towns and cities. Learn about the road signs.	In Year 6 children will undertake Bikeability training where they will be explicitly taught the importance of road safety when cycling. They will be reminded of this key safety learning each time we are on visits where road safety will be required.
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		being seen.					
	Local Walks Trips Road Safety Week Bikeability (UKS2) Circle Time Local area knowledge – train line Visits from Police and Railway Staff Bikes and Trikes (Year R)						