

Long Term Planning – PE

		Cycle A			Cycle B		
	EYFS	Kestrels (Year 1/2) Follow Year 2 Objectives	Owls (Year 3/4) Follow Year 3 objectives	Eagles (Year 5/6) Follow Year 6 objectives)	Kestrels (Year 1/2) Follow Year 1 Objectives	Owls (Year 3/4) Follow Year 4 objectives	Eagles (Year 5/6) Follow Year 5 objectives)
Autumn 1	Me and PE	Balance, Shape and Rotation	Travelling and Jumping	Travelling and Jumping	Balance, Shape and Rotation	Travelling and Jumping	Travelling and Jumping
		Ball Skills: Hands	Fundamental Movement Skills	Fundamental Movement Skills	Ball Skills: Hands	Fundamental Movement Skills	Fundamental Movement Skills
Autumn 2	Move it!	Travelling and Jumping	Balance, Shape and Rotation	Balance, Shape and Rotation	Travelling and Jumping	Balance, Shape and Rotation	Balance, Shape and Rotation
		Ball Skills: Hands	Fundamental Movement Skills	Fundamental Movement Skills	Ball Skills: Hands	Fundamental Movement Skills	Fundamental Movement Skills
Spring 1	Dance Dance Dance	Health and Fitness	Health and Fitness	Health and Fitness	Health and Fitness and Travelling and Jumping	Health and Fitness	Health and Fitness
		Ball Skills: Kicking	Strategy and Tactics	Strategy and Tactics	Ball Skills: Kicking	Strategy and Tactics	Strategy and Tactics
Spring 2	Roll it, Catch it, Kick it	Teamwork	Orienteering	Orienteering	Teamwork	Net and Wall: Pickle Ball	Orienteering
		Attacking and Defending	Invasion Games	Net and Wall: Tennis	Attacking and Defending	Invasion Games	Invasion Games
Summer 1	Fantastic Gymnastics	Dance Fundamentals	Dance Fundamentals	Dance Fundamentals	Dance Fundamentals	Dance Fundamentals	Dance Fundamentals
		Striking and Hitting	Run, Jump, Throw	Athletics	Striking and Hitting	Run, Jump, Throw	Athletics
Summer 2	Fun and Games	Dance Style	Dance Style	Dance Style	Dance Style	Dance Style	Dance Style
		Running and Jumping	Striking and Fielding: Cricket	Celebration of Sport	Running and Jumping	Celebration of Sport	Striking and Fielding: Cricket